



## LifeStory Designing Your Life Story

What do you do with all the wonderful things you've accumulated from your life? Just have a look at what you've managed to collect to help you with remembering and flushing out Your Story:

- \* Pictures
- \* Documents
- \* Your Written Stories
- \* Audio Recordings
- \* Memorabilia
- \* Journals & diaries
- \* Videos & movies
- \* Souvenirs
- \* Awards & trophies
- \* Scrapbooks
- \* Brick-a-brac

Just as much as the stories that you've told are part of your life and add the all important personal aspect, the things of your life add an extra layer that tells more of the story than just your memories.

## A Picture is worth a Thousand Words

You know that you can tell all the stories, taking the time to describe people and places. But with one picture all that you've been expressing can be revealed. This is even more so with movies and audio from the past. They all help to explain in ways that flush out the story and make tangible the stories of your life. How much more real will those stories you're thinking of telling be, when you include the items that were important at the time?

*"Life is not measured by the breaths you take, but by the moments that take your breath away."*

## A Thousand Words are worth a Picture

Then the other side of the coin is when you look at those photos and wonder who's in them and where were they taken. What are the stories in those old sepia images, if only they could speak! That's the advantage of talking about the images while recording your Life Story. It adds to the images and helps others to make sense of them. Too often it's just an image but when the story explains the photo (or for that matter any item of memorabilia), then it comes alive and places it in context.

All the things of your life combined with your memories and stories don't just add to each other but multiply the significance of everything. And it makes the whole process easier and a lot more fun because it's all there together with real understanding of all of the components.

## Ready To Get Started?

- What are the general stories you want to tell?
- What supporting things do you have to flush out those stories?
- Pick one of them and consider how you could tell a bigger, richer story by incorporating multiple media types to include these items.
- Learn the skills from our *LifeStory Designers* that you need to wrap all this together or let our *LifeStory Designers* help you design, create and produce your Life Story.

*"And the day came when the risk it took to remain tight inside the bud was more painful than the risk it took to blossom."*

## What are your LifeStory options available at Picture A Moment Productions?

**LifeStory Interview:** An audio/video interview facilitated by a friend, loved one or a *LifeStory Designer*.

**LifeStory PhotoBook:** A photobook with a transcript from your LifeStory Interview or your personal story with pictures.

**LifeStory Collage:** Collages which include scanned pictures, documents, journal and diary entries, invitations, announcements or special story written about the pictures.

**LifeStory Inspirations:** Give the gift of Love with your picture enhanced and a special uplifting and encouraging message of your choosing.

**LifeStory Cards:** Greeting, note, announcement, invitation cards designed with your pictures and special messages.

**LifeStory Fun with Photos:** Want to have a photo enhanced to a "Glamour Shot" look thinner, fatter, taller, shorter? How about your picture superimposed into a fun scene like on a billboard on Wall Street? How about a head exchange with a Celebrity?

**LifeStory Decorative Lettering:** Get the Message put on your walls, jewelry and more.

**LifeStory PhotoGifts & Novelties**

**Do It Yourself Training**



*Everybody has a Story...What's Yours?*